



Eats

BREAKFAST SANDWICHES

Bacon, Gouda, & Egg 260 Cal	\$6.49
Chicken Sausage, Gouda, & Egg 380 Cal	\$7.49
Sausage, Egg, & Cheese Bagel 410 Cal	\$6.99
Egg, Pesto, & Provolone Sandwich 340 Cal	\$7.49

LUNCH SANDWICHES

Italian Grinder 590 Cal	\$9.99
Whole Grain Grilled Cheese 310 Cal	\$5.99

Treats

French Toast Muffin 700 Cal	\$3.99
Blueberry Muffin 620 Cal	\$3.99
Red Velvet Muffin 700 Cal	\$3.99
Bagel+Cream Cheese 260 Cal (plain) 270 (everything)	\$3.99
Cinnamon Roll 550 Cal	\$4.29
Apple Fritter 430 Cal	\$4.29
Mini Loaf (Blueberry, Chocolate Chip, Lemon Poppy Seed) 390-440	\$3.99
Butter Crumb Cake 840 Cal	\$4.59
Made without Gluten Blueberry Muffin 280 Cal	\$4.99
Made without Gluten Chocolate Muffin 280 Cal	\$4.99
Butterfly Cheese Danish 380 Cal	\$3.59
Croissant 310 Cal	\$3.99
Oatmeal Cup w/Nuts & Brown Sugar (170-300 Cal)	\$4.59

Cream Cheese Cup	\$1.19
Butter Packets	\$0.59
Avocado Cup	\$1.99
Hummus Cup	\$2.49
Smart Balance	\$0.69
Vegan Jelly	\$0.69
WOW Butter	\$1.09

Drinks

COFFEE & ESPRESSO

	MED	LRG
Drip 0/5 Cal	\$2.75	\$3.25
Café Au Lait 70/80 Cal	\$5.25	\$6.00
Espresso (Single) 10/15/25 Cal	\$3.25	\$4.00
Americano 25 Cal	\$3.95	\$4.25
Cappuccino 140/160 Cal	\$5.10	\$5.50
Latte 220/240 Cal	\$4.95	\$5.25
Vanilla Latte 320/370 Cal	\$5.70	\$6.00
Caramel Macchiato 350/420 Cal	\$5.00	\$5.75
Mocha 410/480 Cal	\$5.75	\$6.50
White Chocolate Mocha 410/480 Cal	\$5.75	\$6.50

COLD BREW & SIGNATURE BEVERAGES

Cold Brew 0 Cal	\$4.25	\$5.00
Cold Brew Oat Latte 230/300 Cal	\$5.80	\$6.30
Horchata Cold Brew Latte 230/300 Cal	\$6.50	\$7.00
The Black Tie 190/260 Cal	\$5.30	\$5.70

FRAPPE

Mocha 570/580 Cal	\$6.25	\$6.75
Caramel 610/640 Cal	\$6.25	\$6.75
Vanilla 570/600 Cal	\$6.25	\$6.75

NON-COFFEE FRAPPE

	MED	LRG
Mocha 440/570 Cal	\$6.25	\$6.75
Caramel 460/510 Cal	\$6.25	\$6.75
Vanilla 450/570 Cal	\$6.25	\$6.75
Matcha 370/470 Cal	\$6.25	\$6.75

TEA & NON-COFFEE

Brewed Tea 0 Cal	\$3.50	\$4.00
Matcha Latte 300/340 Cal	\$4.50	\$5.25
Chai Latte 240/290 Cal	\$4.50	\$5.25
Iced Tea 0/5 Cal	\$3.00	\$3.50
Iced Tea Lemonade 50/90 Cal	\$3.25	\$3.75
Fruit Tea Shaker 140/180 Cal	\$6.15	\$6.40
Cocoa 530/600 Cal	\$3.50	\$4.50
Vanilla Steamer 330/370 Cal	\$3.75	\$4.75

SMOOTHIES

Mango, Strawberry & Blueberry Blast 230 Cal	\$6.50
Carolina Fruit Blend 230 Cal	\$6.50



CUSTOMIZE

Oat, Almond, Ripple, or Soy Milk 10 - 20 Cal	+\$0.75
Whipped Cream 100 Cal	+\$0.50
Syrups & Sauces 0 - 60 Cal	+\$0.75

Did you know



Our Las Hermanas coffee is Fair Trade Certified and comes from a female-owned cooperative in Nicaragua that we've proudly partnered with for nearly thirty years!

And check out our Yosemite Dos Sierras—it's not only Organic Certified but also Smithsonian Bird Friendly Certified, ensuring a great cup of coffee that's kind to both the environment and our feathered friends.