



# Village Juice & Kitchen

Fresh & Delicious | Made From Scratch |  
Organic Greens | Local Farmers | No Canola  
| Vegan & GF Options | No Refined Sugars

V: VEGETARIAN | GF: GLUTEN FREE | VG: VEGAN | NF: NUT FREE

## Smoothies MADE WITH NUT FREE OAT MILK. DAIRY FREE. GLUTEN FREE. VEGAN. **Add a booster for extra nutrition.**

<b>MOCHA-NANA (VG, GF, NF)</b> <small>calories: 280</small> oat milk, cold brew coffee, banana, date, cacao	8.95	<b>CURIOUS GEORGE (VG, GF)</b> <small>calories: 450</small> oat milk, cacao nibs, almond butter, banana, date	8.95
<b>PINKY SWEAR (VG, GF, NF)</b> <small>calories: 320</small> oat milk, organic strawberry, banana, date	8.95	<b>GREEN COCO (VG, GF, NF)</b> <small>calories: 270</small> oat milk, mango, cucumber, spinach, kale, banana, mint	9.95
<b>SUNSET (VG, GF, NF)</b> <small>calories: 400</small> oat milk, pineapple, banana, mango, lime	8.95	<b>SUPER BLUE (GF)</b> <small>calories: 480</small> oat milk, organic blueberry, almond butter, date, chia seed, banana, collagen	11.49
<b>MINT CHIP (VG, GF, NF)</b> <small>calories: 340</small> oat milk, spinach, banana, date, cacao nibs, mint leaves	8.95		

## Smoothie Bowls & Breakfast Bowls TOPPED WITH SUPERFOODS. **Bowl full of vegan goodness.**

<b>PINKY SWEAR BOWL (VG, GF)</b> <small>calories: 330</small> oat milk, organic strawberry, banana, date. topped with organic strawberry, banana, toasted almond crumble, goji berries	10.50	<b>AÇAÍ BOWL (VG, GF)</b> <small>calories: 440</small> oat milk, organic acai, banana, organic strawberry and date. topped with banana, cacao nib, organic strawberry, coconut, toasted almond crumble	12.89
<b>SUNSET BOWL (VG, GF)</b> <small>calories: 400</small> oat milk, pineapple, banana, mango, lime. topped with banana, coconut, goji berries, mango	10.50	<b>OVERNIGHT OATS (GF, V)</b> <small>calories: 440</small> gluten free oats, oat milk, almond butter, organic strawberry, honey, banana, toasted almond crumble	8.95
<b>COCO-NUT-BUTTER BOWL (V, GF)</b> <small>calories: 440</small> oat milk, banana, almond butter, date. topped with frozen organic blueberry, toasted almond crumble, banana, bee pollen	9.50		

### BOOSTERS: BLEND-IN SUPERFOODS

ACAI (2)	CHIA SEEDS (1)	SPINACH (1)
ALMOND BUTTER (1)	COLD BREW (1)	STRAWBERRIES (1)
AVOCADO (2)	COLLAGEN (1.50)	PEA PROTEIN (1.50)
BLUEBERRIES (1)	HEMP PROTEIN (1.50)	
CACAO POWDER (1)	HEMP SEEDS (1)	
CACAO NIBS (1)	KALE (1)	

### EXTRA BOWL TOPPINGS

ALMOND BUTTER (1)	COCONUT CHIPS (1)
ALMOND CRUMBLE (1)	GOJI BERRIES (1)
BANANA (1)	HEMP SEEDS (1)
BLUEBERRY (1)	PUMPKIN SEEDS (1)
STRAWBERRY (1)	MANGO (1)
CACAO NIBS (1)	BEE POLLEN (1)
CHIA SEEDS (1)	

## Toasts & Wraps GOURMET OPEN FACED & WRAPPED SANDWICHES | **Gluten free options: Udi's Multi-Grain Bread -or- Sweet Potato slices**

<b>QUIT YOUR JOB (V)</b> <small>calories: 520</small> scrambled egg, tomato, avocado, sharp cheddar, avocado goddess, sriracha and wrapped in flour tortilla & topped with mango salsa    <b>suggested add-ons: bacon (2)</b>	9.95	<b>NUT BUTTER &amp; BANANA (V)</b> <small>calories: 550</small> cashew butter, banana, honey    <b>suggested add-ons: strawberry (1), bacon (2)</b>	8.95
<b>CHICKEN BACON AVOCADO WRAP (NF)</b> <small>calories: 620</small> roasted chicken, thick cut bacon, heirloom tomato, sharp cheddar, avocado, spinach, housemade ranch and wrapped in flour tortilla	12.95	<b>AVO VEGAN (VG, NF)</b> <small>calories: 260</small> housemade avocado spread, marinated red onion, herb oil, micro-greens    <b>suggested add-ons: bacon (2), #over-easy egg (1)</b>	10.50
		<b>BASIL, BACON &amp; TOMATO (NF)</b> <small>calories: 210</small> thick cut bacon, heirloom tomato, basil with housemade avocado spread	10.95

## Salads & Grain Bowls HEAPING BOWLS OF GOODNESS. **Want it chopped? Just ask!**

<b>VILLAGE COBB (GF, NF)</b> <small>calories: 760</small> roasted chicken, thick cut bacon, egg, cherry tomato, avocado, green onion, blue crumbled cheese, sweet corn, romaine dressing: dressing: village ranch or avo-goddess	14.95	<b>BRUSSELS &amp; BACON (GF, NF)</b> <small>calories: 650</small> brussels sprouts, charred tomato, thick cut bacon, parmesan crisp, brown rice, spinach    Sub quinoa (1) dressing: fig balsamic	12.95
<b>TROPICAL CHICKEN</b> <small>calories: 430</small> roasted chicken, fresh mango, cilantro, honey sesame cashews, sesame goat cheese medallions, romaine dressing: cilantro lime ginger    <b>suggested add-on: avocado (2)</b>	12.95	<b>MEDITERRANEAN (V, GF, NF)</b> <small>calories: 570</small> spiced chickpeas, feta, cherry tomato, cucumber, quinoa, fresh herbs dressing: lemon garlic    <b>suggested add-ons: roasted chicken (2) over-easy egg (1.5)</b>	11.95
<b>MISO BOWL (VG, GF, NF)</b> <small>calories: 470</small> roasted red peppers, roasted carrots, edamame, pumpkin seeds, avocado, nori strips, brown rice, kale or spinach dressing: miso ginger    <b>suggested add-ons: #over-easy egg (1.5), roasted chicken (2)</b>	10.95	<b>SOUTHWEST (V, GF, NF)</b> <small>calories: 572</small> black beans, mango salsa, chopped romaine, sharp cheddar, cilantro, avocado, brown rice, sweet corn, green onion dressing: avo-goddess    <b>suggested add-ons: roasted chicken (2) over-easy egg (1.5)</b>	10.95
<b>FARMER'S DAUGHTER (GF)</b> <small>calories: 550</small> roasted chicken, green apple, sweet potato, spiced almonds, brown rice, kale or spinach dressing: balsamic dijon & roasted carrot vinaigrette    <b>suggested add-on: avocado (2)</b>	10.95		

**BUILD ANY SALAD OR BOWL**  
Customize your bowl with your choice of:  
UP TO 2 BASES | UP TO 4 TOPPINGS | DRESSING  
9+

### - LOCATIONS -

205 S. STRATFORD ROAD, WINSTON SALEM | OPTIMIST HALL, CHARLOTTE  
WAKE FOREST UNIVERSITY, WINSTON SALEM | WINSTON-SALEM STATE UNIVERSITY, WINSTON SALEM | ELON UNIVERSITY, ELON  
HIGH POINT UNIVERSITY, HIGH POINT | UNIVERSITY OF SOUTH CAROLINA, COLUMBIA

All products in this facility may contain allergens. please notify us if you have any food or nut allergies.

# may be cooked to order. consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.